



Private Clinic Catering Information

Contact Us:

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Trusted by leading clinics across Auckland, Luca's Deli specialises in delivering fresh, health-conscious meals to private clinics every day.

Our menus are carefully designed in collaboration with each clinic to ensure they provide nourishing, low-FODMAP meals that support gentle digestion and speedy recovery.

We offer our clinics a range of options including breakfasts, morning tea, lunches, afternoon tea, sandwiches and snacks. Understanding that patient numbers fluctuate, and clinics often only finalise dietary requirements a couple of days in advance we've developed a highly efficient ordering system which allows our clinics to focus on care while we seamlessly handle catering logistics.

We would love the opportunity to better understand the needs of your clinic and to propose specific menu options to suit your patients. All of the clinics we deliver to have different needs and menus. We are proud to meet their individual needs and are delighted when we get the opportunity to feed their staff too!

Following are some indicative menu items that could work for you. Once we have an idea of your needs and volumes, we can share a full sample menu and pricing - along with some tastings so you can experience our food firsthand.



Luke Allington

Owner

Luca's Deli

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Private Clinic Information

Breakfast	We offer a variety of options for breakfast including frittatas, muffins (sweet and savoury), granola cups, vegan overnight oats, fruit platters and banana bread.
Morning & Afternoon Tea	We have a large range of slices, cookies and muffins for afternoon tea. These can be served on platters for dining areas or catering style for delivery to patients.
Sandwiches	We make bespoke sandwiches to cater for customer dietary needs. On various breads we offer gentle low-FODMAP options right through to gourmet alternatives.
Lunches	We offer full catering spreads through to individual salad and protein boxes. We can design a menu that serves patients however is easiest for your clinic.
Snacks	We have a range of baked options and energy balls available as snacks on platters or in catering packs for serving with tea & coffee.
Care Packs	Many clients offer bespoke care packs to patients to keep them going for the day. Packs generally include sandwiches, rolls, baking, fruit and snacks.
Staff Catering	We regularly deliver birthday cakes and catering for staff meetings, functions and events. Just ask!
Dietary Needs	Our clinics all have specific needs and our patients in recovery have extra special requirements. In addition to our nutritionist designed low-FODMAP meals, we cater to dietary and cultural needs by offering vegetarian, vegan, halal, nut free, gluten free and dairy free options.
Order Process	Once a menu is agreed, we provide a bespoke fillable PDF which is completed by clinic administrators and emailed to us ahead of planned delivery.
Delivery	Luca's delivers across wider Auckland using its own electric delivery van. We haven't yet met a delivery request that we couldn't handle!